



Nichols Hills Elementary

1301 W Wilshire, Oklahoma City, 73116

Dear Oklahoma State Board of Education,

We are writing a letter of support for the proposed Oklahoma Academic Standards Health and Physical Education. In reading these proposed standards we see the growth and progression that is so necessary in the improvement of our students' lives.

We are very appreciative of the approach in bringing to the forefront topics such as mental health and wellness, substance use and abuse prevention, healthy relationships, and injury prevention and personal health. As we see our students grow in themselves and within our communities, we want to ensure they are given real life tools and resources to make the best decision for themselves, and their families.

We support these new Oklahoma Academic Standards for Health and Physical Education. We ask that you approve the revised 2022 standards.

Thank you to those that wrote these standards, as we know they will allow our students to live healthier lives.

Best regards,

Carla Bow

Cindy Stagner

Carla Bow, Elementary PE Teacher

Cindy Stanger, Elementary Health Teacher